COVENANT STUDY GUIDE & PERSONAL EXECUTION WORKBOOK

His Power Is Present—His Covenant Remains

Message by Apostle Marla Eash • Sunday AM Service • Faith Center

Core Message Overview: God is calling believers out of wilderness weariness and spiritual dullness into an active, daily awareness of their blood covenant through Jesus Christ. When we yield to the Holy Spirit—allowing Him to remove a stubborn "heart of stone" and replace it with a responsive heart of flesh—we silence the taunts of opposing giants, align our spoken expression with God's promises, and reclaim our covenant inheritance.

> **FOUNDATIONAL COVENANT DECLARATION (SPEAK ALOUD DAILY)**
>
> *"All obstacles and hindrances to my financial prosperity and purpose are dissolved by the blood of Jesus. No weapon formed against me can prosper. Lord, You are rebuking the devourer and causing the fruit of my field to prosper and the vine to bear fruit continually. I will say continually, 'Let the Lord be magnified in all my ways, for You have pleasure and are glorified in my prosperity.' Amen."*

PART 1: CORE BIBLICAL PILLARS & SCRIPTURE MATRIX

Study these four foundational pillars from the message to anchor your faith in what God has established through the New Covenant.

Covenant Pillar	Key Scriptures	Biblical Principle & Personal Application
1. Inner Renewal & Removing the Stony Heart	**Ezekiel 36:26–27** **Romans 2:29** **Colossians 2:11–12**	God removes an unresponsive, stubborn "heart of stone" and implants a responsive heart of flesh. Under the New Covenant, this is the circumcision of the heart—putting off the sinful nature through Christ's blood and yielding to the Holy Spirit's promptings.
2. Covenant Over Circumstances ("Giants")	**Joshua 5:4–15** **Joshua 14:12–15** **Numbers 13:30–33; 14:9** **1 Samuel 17:45–46**	Before conquering Jericho, Israel renewed their covenant at Gilgal ("rolling away the reproach"). Like Caleb at age 85 and David facing Goliath, you measure giants against God's covenant faithfulness rather than your own human strength.
3. New Identity & Unshakable Security	**2 Corinthians 5:17** **Hebrews 10:16, 38** **Hebrews 13:20–21** **Romans 8:31–39**	In Christ, you are a new creation. Drawing back in timidity alters the determined outcome God intends, whereas standing firm in faith pleases Him. No difficulty can overturn what Jesus secured through the everlasting covenant.

Covenant Pillar	Key Scriptures	Biblical Principle & Personal Application
4. Declarations, Obedience & Quickened Life	**Psalm 35:27** **Psalm 40:7–8** **Isaiah 54:17; 53:4** **Malachi 3:10–11** **Deuteronomy 6:24**	God's instructions are given "for our good always" to quicken—sustain, restore, and preserve—our lives. Continually speaking God's Word waters the seed of faith, silences enemy accusations, and invites God to match the level of our faith expression.

PART 2: DEEP-DIVE REFLECTION & HEART AUDIT

Prayerfully examine your walk with the Lord and write your honest reflections in the spaces provided below.

1. Diagnosing the "Wilderness" Mentality: Where have you become spiritually weary, dull, or accustomed to taking your covenant with God lightly?

2. Identifying Your "Giants": What circumstances (finances, health, family, fear) have been taunting you? Have you been measuring yourself against the giant or measuring the giant against God's covenant?

3. Evaluating Your Expression: God meets us at the level of our faith expression. How does your daily speech, attitude, and praise need to shift to match who you are in Christ?

4. Yielding to Holy Spirit Promptings: What specific instruction or "softer way" has the Holy Spirit been prompting you to obey this week?

PART 3: "RENAME YOUR MOUNTAIN" TERRITORY WORKSHEET

In Joshua 14:12–15, 85-year-old Caleb claimed his mountain and renamed *Kiriath Arba* (named after the greatest giant of the Anakim) to *Hebron*. Identify three territories in your life currently defined by a giant and rename them according to God's covenant promises.

Old "Giant" Name (e.g., Lack, Sickness, Strife)	Anchor Scripture (Your Covenant Promise)	New Covenant Name (e.g., Provision, Wholeness)	Spoken Faith Decree (What I Will Declare Daily)

PART 4: 7-DAY COVENANT EXECUTION PLAN

Daily Non-Negotiables (Morning & Evening):

- **Morning Covenant Choice:** Before looking at circumstances or your phone, declare: *"Today, I choose my covenant with the Lord over what I see and feel."*
- **Water the Seed:** Speak the Foundational Covenant Declaration (Page 1) aloud with conviction.
- **Prompting Check-In:** Pause throughout the day to listen for and immediately obey the Holy Spirit's nudges.

Day & Focus	Covenant Action Step	Done & Daily Breakthrough Note
Day 1 Roll Away Reproach (Gilgal)	List every "giant" trying to dictate your story. Pray over the list, consciously rolling away shame and refusing to carry what Jesus bore (Isaiah 53:4).	☐ **Completed**
Day 2 Heart Check & Yielding	Read **Ezekiel 36:26–27** and **Colossians 2:11–12**. Identify one area of self-reliance or stubbornness and deliberately yield it to the Holy Spirit.	☐ **Completed**
Day 3 Silence the Giant's Voice	Read **1 Samuel 17:45–47**. Every time a thought of fear, "what if," or pain arises today, answer it out loud immediately with scripture.	☐ **Completed**
Day 4 Refuse to Draw Back	Read **Hebrews 10:35–39**. Identify one step of faith or conversation you have been hesitating on and take bold action today.	☐ **Completed**
Day 5 Household Alignment	Lead your household or pray over your home and family. Declare God's protection, healing, and covenant inheritance over every family member.	☐ **Completed**
Day 6 Elevate Your Expression	Read **Joshua 6** and **Psalm 35:27**. Practice thanksgiving and praise *before* seeing breakthrough. Go 24 hours without complaining.	☐ **Completed**
Day 7 Claim Your Mountain	Read **Joshua 14:12–15**. Review your Day 1 list, cross out each giant's name, and speak your new covenant names from Part 3 over your territory.	☐ **Completed**